

Yoga Day

This year the International Yoga day and World Music day celebrations were held at Academic Heights Public School on June 22. The session was held in our school ground. Students from classes 1st to 10th took part in the celebration. A group of students from grade 4th to 7th gave musical performance on "Tu buddhi de" song on karaoke. Followed by yoga dance performance by students of grade 6th and 7th.

Even our Principal Mam Jyotika Malkani took active participation in Yoga day celebrations and guided the students to do yoga for good mental and physical health. Students performed several asanas. All the students participated eagerly.

Yoga day and World music day was celebrated with great enthusiasm.



